

# VIDEO COHORT USER GUIDE

## SUGGESTED PARTICIPANTS

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- **The video cohort is designed for the lead pastor and a local church vision team.**  
We've learned that regardless of the size of the church or the leadership ability of the pastor, effective change does not come without a team. The Acts 2 Journey cohort is no exception: Leaders drive the process of transformation. Therefore, a critical part of the discernment phase will be identifying leaders who can partner with the pastor to drive the transformation process.
- **The vision team should be comprised of between 8-15 members selected from the church's leadership and congregation.**  
Ideally the team membership should be representative of the mix of the congregation. It should be ethnically and gender diverse, multi-generational and include both elected and lay leadership. Each leader should be given a printed copy of the downloadable Workbook.

## SUGGESTED SCHEDULE

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Each of the five sessions of the video cohort can be completed within a three-hour timeframe. The workbook and downloadable PowerPoint provide instructions about when to break for team discussions and how to complete each discussion exercise.

## SUGGESTED FORMAT

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A team should be seated around one or more tables in view of a TV or projection screen. Each session includes a combination of viewing videos and engaging in group discussion.

Each video is embedded in the PowerPoint presentation through an online link. All the session content, including instructions, can be covered by displaying the PowerPoint presentation and advancing through the slides sequentially.

**Note:** Slides with embedded videos might appear blurry at first and delay a few seconds when clicked before beginning to play. Slides with embedded videos will have a play button in the center (see image below). If prompted, click "Enable Content" to view the embedded videos.



Those without Wi-Fi or unreliable Internet connection can download the videos in advance of the session and play them when the PowerPoint and workbook indicate they are to be played.

## SAMPLE OUTLINE FOR THE SESSION 1 MEETING

Est. time	Workbook page #	Video and exercises
10 minutes	—	<b>Welcome and what to expect</b> <ul style="list-style-type: none"> <li>Ex: “We’ll be watching a series of videos that correspond with our workbooks. We’ll pause periodically for discussion. You are at the table because we value your input about the future of our church.”</li> </ul>
10 minutes	1	<b>Play video: A Spirit Empowered Church (9:21)</b> <ul style="list-style-type: none"> <li>Distribute copies of the book <i>A Spirit-Empowered Church: An Acts 2 Ministry Model</i></li> </ul>
20 minutes	2-3	<b>Play video: Introduction (12:32)</b> <ul style="list-style-type: none"> <li>Review the “A Prayer for the Future” (pg. 3) and pause for prayer as a team</li> </ul>
5 minutes	4	<b>Play video: Transformation Part 1 (5:18)</b> <ul style="list-style-type: none"> <li>Fill in the Workbook blanks</li> </ul>
15 minutes	5-7	<b>Play video: Transformation Part 2 / Assessing Current Reality (5:23)</b> <ul style="list-style-type: none"> <li>Fill in the Workbook blanks</li> <li>Pause with the video for a time of prayer</li> <li>Follow the PowerPoint instructions to circle statements in “Assessing Current Reality” chart individually</li> </ul>
30 minutes	8-10	<b>Play video: Congregational Life Cycle (16:31)</b> <ul style="list-style-type: none"> <li>Follow the PowerPoint instructions to complete the Current Reality chart</li> <li>Discuss where each member of the team sees the church on the Life Cycle and reach a consensus as a group.</li> </ul>
15 minutes	11	<b>Play video: The Need for Fresh Vision (9:16)</b> <ul style="list-style-type: none"> <li>Pause for brief discussion about the video</li> </ul>
15 minutes	12	<b>Play video: We Can’t Stay Here (5:31)</b> <ul style="list-style-type: none"> <li>Pause for brief discussion about the video using the instructions listed in the PowerPoint</li> </ul>
30 minutes	13	<b>Play video: Turn and Take Your Journey (15:49)</b> <ul style="list-style-type: none"> <li>Pause for a time of prayer/discussion about the video</li> <li>Assignment: Read chapters 1-9 in <i>A Spirit-Empowered Church</i></li> <li>Communicate the date for Session 2 meeting</li> <li>Close with a time of prayer as a team</li> </ul>
<i>2 h 30 m</i>		

### AVAILABLE RESOURCES

- Zoom call with an experienced Acts 2 Journey facilitator
  - email [acts2@ag.org](mailto:acts2@ag.org) or call 417.862.2781 ext 3480
- A Spirit-Empowered Church: An Acts 2 Ministry Model* – [acts2journey.com](http://acts2journey.com)
- Church Health Metrics Calculator: [acts2journey.com/assessment#calculator](http://acts2journey.com/assessment#calculator)