

ACTS Assessment

Welcome to the ACTS assessment. God created each person with unique Abilities, Calling, Temperament, and Spiritual Gifts. Together these areas can help you discover the best ways to serve both in the church and in the community.

About Me

Name _____ Spouse' Name _____

Address _____ Wedding Anniversary _____

_____ Children Names, Ages, and Birthdates

Phone _____

Email _____

Birthday _____

How long have you been attending this church? _____

My current job/role is:

My current church involvement is:

ABILITIES

As you journey through life, you will discover and develop abilities. These are skills and talents that you have acquired through training and experience. Because some abilities that you have may be more enjoyable than others, please identify which of your abilities are most fulfilling to you.

Directions: Check every ability that you have training or experience in. Of those that you marked, check which ones are most enjoyable to you.

Training	Experience	Ability	Enjoyment
<input type="checkbox"/>	<input type="checkbox"/>	Art/Graphic design	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Catering/Cooking for large groups	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Cleaning/Organizing	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Communications/Writing	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Counseling: adults _____ kids/youth _____	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Decorating	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Drama/Dance/Creative Expression	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Hosting/Hospitality/Welcoming others	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Landscaping/Gardening	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Management/Leading others	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Marketing/Promotions	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Mechanical/Maintenance and Repair	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Media Production	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Mentoring: adults _____ kids/youth _____	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Music: singing _____ Instrument _____ Which Instrument? _____	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Preaching	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Public Relations	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Researching/Evaluating	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Social Media for an Organization	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Sports/Coaching	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Teaching: adults _____ kids/youth _____	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Other:	<input type="checkbox"/>

I have taught a class or seminar on: _____

Additional information: _____

CALLING

While some individuals may have a specific calling from God, every Christian is called to serve others. What is it that causes you to be passionate? When you discover what your calling or passion is, then another layer is added to the discovery of how God created you to serve others.

Directions: Circle all that apply to you.

The people I would like to serve most are:

Age Group and Gender	Life Stage	People Who Are	Other
Babies/Toddlers	Singles	Disabled	
Children	Young Marrieds	Divorced	
Teens/Students	Parents	Homeless	
College Students	Single Parents	Homebound	
Adults	Empty Nesters	Hospitalized	
Women	Teen Moms	Poor	
Men	Retired	Prisoners	
	Elderly	Unemployed	
	Widowed		

What motivates me most:

Acquire/Possess	Influence	Perform	Other:
Clean	Lead/Be in Charge	Pray	Other:
Design/Develop	Operate/Maintain	Repair	Other:
Excel	Organize	Serve/Help	Other:

The issues or causes I feel most strongly about are:

Abuse/Violence	Drug Abuse	Homelessness	Poverty/Hunger
Alcoholism	Education	Human Trafficking	Purity
At-Risk Children	Environment	Injustice Issues	Sanctity of Life
Compulsive Behavior	Ethics	Law/Justice System	Sexuality
Deafness	Finances	Marriage/ Family	Spiritual Apathy
Disabilities	Health/Fitness	Parenting	Purity
Divorce	HIV/AIDS	Policy/Politics	Other _____

Additional church issues, ministries, or possible needs in the community that excite me are:

Your experiences can also be used to minister to others. Writing down what you have experienced in your life can help you discover how you have been uniquely prepared to meet the needs of others. Take a few moments to write down your thoughts to the following:

1. My Spiritual Journey

This is how and when I became a Christian:

Meaningful spiritual experiences, times when I have felt close to God:

2. My Painful Experiences

The illnesses, life situations, and other trials have you have faced that would help you to relate to and encourage other Christians in similar situations:

3. My Education Experiences

Where I attended school and what I studied:

4. My Ministry Experiences

Directions: Circle all that apply.

Where I have served in the past (if applicable):

Auto Care	Food Ministry	Pastor	Usher
Band	Greeter	Pastor's Spouse	Women's Ministry
Board Member	Hospitality	Prayer/Intercession	Worship Team
Children's Ministry	Media	Receptionist/Admin	Young Adult/College
Choir	Men's Ministry	Security	Youth Ministry
Drama	Nursery/Preschool	Small Group Leader	Other
Elder	Nursing/Medical	Sports Ministry	
Evangelism	Outreach	Teacher	

TEMPERAMENT

Your temperament or personality helps to reveal the special characteristics with which God has blessed you. It can help you more effectively express your abilities, calling, and spiritual gifts.

Use this as a simple guide for a better understanding of yourself and others, but keep in mind that temperament is complex. Remember, God intentionally creates each person with a unique personality.

Directions: Read each list and circle the words that describe you the best.

Choleric	Sanguine	Melancholy	Phlegmatic
Ambitious	Sociable	Organized	Orderly
Problem solver	Carefree	Cautious	Structured
Self-motivated	Spontaneous	Invested in work	Predictable
Competitive	Cooperative	Compliant	Easygoing
Confident	Optimistic	Accurate	Shy
Accomplished	Motivator	Systematic	Submissive
Results oriented	Persuasive	Analytical	Humble
Authoritative	Enthusiastic	Diplomatic	Consistent
Accomplished	Giving/charitable	Efficient	Patient
Enjoys challenges	Respectful	Overachiever	Loyal
Decisive	Seeks excitement	Perfectionist	Dependable
Direct			Sensitive
Aggressive	People pleaser	Indecisive	Avoider
Critical	Impulsive	Avoids risk	Self-protective
Bossy	Difficulty saying no	Uncompromising	Dependent
High expectations	Ignores details	Avoids center of attention	Not spontaneous
Over-involved	Misses deadlines	Withdrawn	Avoids embarrassment
Controlling	Too lenient	Pessimistic	Doesn't value creativity
Total	Total	Total	Total

Count all the items circled in each column and write the TOTAL for each column. Each item circled equals one point. For example, if you circle six words in the Sanguine column, your total is six for Sanguine.

For a brief description of the four temperaments go to <http://fourtemperaments.com/4-primary-temperaments> (accessed 2/20/19).

Another important part of your personality is how you prefer to interact with others. Some people enjoy a lot of interaction while others prefer to serve behind the scenes.

Directions: Check the statements that fit you the best.

Extrovert (about 75% of people)	Introvert (about 25% of people)
<input type="checkbox"/> I am energized by spending time with others.	<input type="checkbox"/> I am energized by spending time alone.
<input type="checkbox"/> I like to have many friends.	<input type="checkbox"/> I prefer to have a few close friends.
<input type="checkbox"/> Others say that I am friendly and outgoing.	<input type="checkbox"/> Others say I am quiet or maybe even shy.
<input type="checkbox"/> Group discussions are a great way for me to learn new things.	<input type="checkbox"/> Personal reflection is a great way for me to learn.
<input type="checkbox"/> Initiating conversations with strangers is easy for me.	<input type="checkbox"/> I avoid small talk when I can.
Total	Total

SPIRITUAL GIFTS

A spiritual gift is different from a natural gift or ability. A spiritual gift is given by the Holy Spirit to enable you to serve others and strengthen the body of Christ. Circle any gifts that you think you may have.

Preaching	Discernment	Miracles
Evangelism	Helps	Intercession
Pastor/Shepherd	Hospitality	Deliverance
Teaching	Faith	Prophecy
Wisdom	Administration/Organization	Mentoring
Exhortation	Tongues	Leadership
Entrepreneur	Interpretation of Tongues	Compassion/Mercy
Other	Word of Knowledge	Generosity
	Word of Wisdom	Healing

I am pretty sure I have these gifts:

1. _____
2. _____
3. _____

I think I may have these gifts:

1. _____
2. _____
3. _____