



Week 1 Prayer Focus: Compelled to Pray

Guiding Scriptures

James 5:16, ESV

Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.

Hebrews 4:16, ESV

Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

Mark 11:24, ESV

“Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours.”

Philippians 4:6, ESV

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

1 John 5:14, ESV

And this is the confidence that we have toward him, that if we ask anything according to his will he hears us.

Jeremiah 29:12, ESV

“Then you will call upon me and come and pray to me, and I will hear you.”

Matthew 21:22, ESV

“And whatever you ask in prayer, you will receive, if you have faith.”



Week 2 Prayer Focus: Commitment to God

Guiding Scriptures

Proverbs 3:5–6, ESV

Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.

Matthew 6:33, ESV

But seek first the kingdom of God and his righteousness, and all these things will be added to you.

Mark 12:30, ESV

“And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.”

Deuteronomy 10:12–13, ESV

“And now, Israel, what does the LORD your God require of you, but to fear the LORD your God, to walk in all his ways, to love him, to serve the LORD your God with all your heart and with all your soul, and to keep the commandments and statutes of the LORD, which I am commanding you today for your good?”

Romans 14:8, ESV

For if we live, we live to the Lord, and if we die, we die to the Lord. So then, whether we live or whether we die, we are the Lord's.

Deuteronomy 30:19–20, ESV

“. . . I have set before you life and death, blessing and curse. Therefore choose life, that you and your offspring may live, loving the LORD your God, obeying his voice and holding fast to him, for he is your life and length of days, that you may dwell in the land that the LORD swore to your fathers, to Abraham, to Isaac, and to Jacob, to give them.”



Week 3 Prayer Focus: Cost of Discipleship

Guiding Scriptures

Luke 9:23–24, ESV

And he said to all, “If anyone would come after me, let him deny himself and take up his cross daily and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake will save it.”

John 15:5–6, ESV

“I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing. If anyone does not abide in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned.”

John 15:20, ESV

“Remember the word that I said to you: ‘A servant is not greater than his master.’ If they persecuted me, they will also persecute you. If they kept my word, they will also keep yours.”

Luke 14:26–27, ESV

“If anyone comes to me and does not hate his own father and mother and wife and children and brothers and sisters, yes, and even his own life, he cannot be my disciple. Whoever does not bear his own cross and come after me cannot be my disciple.”

Galatians 2:20, ESV

I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.



Week 4 Prayer Focus: Condition of the Heart

Guiding Scriptures

1 Samuel 16:7, ESV

But the LORD said to Samuel, “Do not look on his appearance or on the height of his stature, because I have rejected him. For the LORD sees not as man sees: man looks on the outward appearance, but the Lord looks on the heart.

Proverbs 23:7, NKJV

For as he thinks in his heart, so is he.

Proverbs 4:23, ESV

Keep your heart with all vigilance, for from it flow the springs of life.

Luke 6:45, ESV

“The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.”

Proverbs 27:19, ESV

As in water face reflects face, so the heart of man reflects the man.

Psalms 139:23–24, ESV

Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting!

Psalms 51:10, ESV

Create in me a clean heart, O God, and renew a right spirit within me.



Week 5 Prayer Focus: Careful Words

Guiding Scriptures

Psalm 17:3, ESV

You have tried my heart, you have visited me by night, you have tested me, and you will find nothing; I have purposed that my mouth will not transgress.

Proverbs 4:24, ESV

Put away from you crooked speech, and put devious talk far from you.

Proverbs 8:7, ESV

For my mouth will utter truth; wickedness is an abomination to my lips.

Proverbs 21:23, ESV

Whoever keeps his mouth and his tongue keeps himself out of trouble.

Proverbs 27:2, ESV

Let another praise you, and not your own mouth; a stranger, and not your own lips.

Ecclesiastes 5:6, ESV

Let not your mouth lead you into sin, and do not say before the messenger that it was a mistake. Why should God be angry at your voice and destroy the work of your hands?

James 1:26, ESV

If anyone thinks he is religious and does not bridle his tongue but deceives his heart, this person's religion is worthless.



Week 6 Prayer Focus: Channels of Love

Guiding Scriptures

1 Peter 4:8-9, ESV

Above all, keep loving one another earnestly, since love covers a multitude of sins. Show hospitality to one another without grumbling.

1 John 3:18, ESV

Little children, let us not love in word or talk but in deed and in truth.

Romans 5:8, ESV

But God shows his love for us in that while we were still sinners, Christ died for us.

John 13:34, ESV

“A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another.”

1 John 4:7-12, ESV

Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. Anyone who does not love does not know God, because God is love. In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might live through him. In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another. No one has ever seen God; if we love one another, God abides in us and his love is perfected in us.



Week 7 Prayer Focus: Community, Care, and Compassion

Guiding Scriptures

Romans 12:10, 13–17, ESV

Love one another with brotherly affection. Outdo one another in showing honor . . .

Contribute to the needs of the saints and seek to show hospitality.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another. Do not be haughty, but associate with the lowly. Never be wise in your own sight. Repay no one evil for evil, but give thought to do what is honorable in the sight of all.

Romans 14:19, ESV

So then let us pursue what makes for peace and for mutual upbuilding.

Ephesians 4:1–3, ESV

I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace.

Ephesians 4:29, 31–32, ESV

Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear . . . Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.



Week 8 Prayer Focus: The Church's Mission

Guiding Scriptures

Matthew 5:14–16, ESV

“You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.”

Mark 16:15, ESV

And he said to them, “Go into all the world and proclaim the gospel to the whole creation.”

Acts 1:8, NIV

“But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.”

Matthew 9:37–38, ESV

“Then he said to his disciples, ‘The harvest is plentiful, but the laborers are few; therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest.’”

Matthew 28:18–20, ESV

And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”



Week 9 Prayer Focus: Chosen for Good Works

Guiding Scriptures

Ephesians 2:10, ESV

For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

Matthew 5:13–16, ESV

“You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet.

You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.”

Ephesians 4:11–13, ESV

And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

Romans 12:6–8, ESV

Having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; the one who teaches, in his teaching; the one who exhorts, in his exhortation; the one who contributes, in generosity; the one who leads, with zeal; the one who does acts of mercy, with cheerfulness.



Week 10 Prayer Focus: Charting a New Course

Guiding Scriptures

Deuteronomy 2:2–3, ESV

Then the LORD said to me, “You have been traveling around this mountain country long enough. Turn northward.”

Jeremiah 29:11, ESV

“For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope.”

John 14:12, ESV

“Truly, truly, I say to you, whoever believes in me will also do the works that I do; and greater works than these will he do, because I am going to the Father.”

Philippians 3:13–14, ESV

Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus.

John 16:13, ESV

“When the Spirit of truth comes, he will guide you into all the truth, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come.”

Proverbs 4:25, ESV

Let your eyes look directly forward, and your gaze be straight before you.



Week 11 Prayer Focus: Conquering Fear

Guiding Scriptures

2 Timothy 1:7, ESV

For God gave us a spirit not of fear but of power and love and self-control.

Philippians 4:13, ESV

I can do all things through him who strengthens me.

Isaiah 54:17, ESV

“No weapon that is fashioned against you shall succeed, and you shall refute every tongue that rises against you in judgment. This is the heritage of the servants of the LORD.”

Deuteronomy 31:7–8, ESV

Then Moses summoned Joshua and said to him in the sight of all Israel, “Be strong and courageous, for you shall go with this people into the land that the LORD has sworn to their fathers to give them, and you shall put them in possession of it. It is the LORD who goes before you. He will be with you; he will not leave you or forsake you. Do not fear or be dismayed.”

Isaiah 41:10, ESV

“Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.”

Psalms 27:1, ESV

The LORD is my light and my salvation; whom shall I fear? The LORD is the stronghold of my life; of whom shall I be afraid?



Week 12 Prayer Focus: Choosing to Walk By Faith

Guiding Scriptures

Hebrews 11:1-2, ESV

Now faith is the assurance of things hoped for, the conviction of things not seen. For by it the people of old received their commendation.

Hebrews 11:6, ESV

And without faith it is impossible to please him, for whoever would draw near to God must believe that he exists and that he rewards those who seek him.

2 Corinthians 5:7, ESV

For we walk by faith, not by sight.

Romans 10:17, ESV

So faith comes from hearing, and hearing through the word of Christ.

James 2:17, ESV

So also faith by itself, if it does not have works, is dead.

Matthew 17:20, ESV

He said to them, “Because of your little faith. For truly, I say to you, if you have faith like a grain of mustard seed, you will say to this mountain, ‘Move from here to there,’ and it will move, and nothing will be impossible for you.”



Week 13 Prayer Focus: Complete Obedience

Guiding Scriptures

Isaiah 48:17, ESV

Thus says the LORD, your Redeemer, the Holy One of Israel: “I am the LORD your God, who teaches you to profit, who leads you in the way you should go.”

John 14:15, ESV

“If you love me, you will keep my commandments.”

John 15:10, ESV

If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love.

1 John 2:3-6, ESV

And by this we know that we have come to know him, if we keep his commandments.

Whoever says “I know him” but does not keep his commandments is a liar, and the truth is not in him, but whoever keeps his word, in him truly the love of God is perfected. By this we may know that we are in him: whoever says he abides in him ought to walk in the same way in which he walked.

Luke 11:28, ESV

But he said, “Blessed rather are those who hear the word of God and keep it!”

Hebrews 13:17, ESV

Obey your leaders and submit to them, for they are keeping watch over your souls, as those who will have to give an account. Let them do this with joy and not with groaning, for that would be of no advantage to you.